



Seeking Individuals 50+ to Help Us Examine Automated Methods to Assess Health

Researchers at Life Adapt Inc. are studying the ability to predict changes in cognitive health using behavior patterns detected by smartwatches. The current project will help us develop technologies for early detection of changes in health and design improved rehabilitation techniques to support independent living.

Who we need:

- Individuals age 50+
- Speak fluent English
- No current or recent history of psychoactive substance abuse

Your tasks if you participate:

- Complete a one-time set of tasks to assess everyday and cognitive abilities
- Wear Apple Watches (one for day, one for night) continuously for one month
- Answer questions that are delivered through the watch 4x each day during the one month
- Optional: Complete a post-participation study to provide feedback on use of the smartwatch technology

Individual benefits include an honorarium of \$300 once you complete the study and return the equipment.

For more information, please contact: study@lifeadapt.com

Principal investigators: Drs. Diane Cook and Lawrence Holder. This project has been reviewed and approved by the Advarra Institutional Review Board for human subject participation.